



# Female Creativity

Free yourself from family karma

*with Ghata*

This weekend is about **clearing our systems from old entanglements in our family**, specifically our female lineage, family expectations, rejection, conditioning, abuse and loss. These situations can create reactions and blockages that distract us from our true selves and our ability to feel and connect to our power.

During the weekend, we will work to **resolve old energetic ties with the family** that no longer serve us in our life's journey. We will explore where you have taken on old beliefs, habits and limitations and where you might have given parts of your power and essence away.

In a safe place, we will **discover our inner essence** and work with specific energies to free our female creativity and support the creative force in our bodies. Through discovering our inner essence, we begin to **connect with our female power** and allow it to emerge so that we experience our true selves as **open and powerful women**.

In a circle of women, we will explore intuition and use community, movement, ceremony and energy work to open our hearts and **anchor our female wisdom in our bodies**. In doing so, we create a space for openness, love and compassion that allows healing to happen.

Please join us for an inspiring workshop that will open your hearts and help you **embrace your female power and wisdom**.

**25 - 26 November 2017**

Living Yoga Sanga, 63 Stuart St, Mullumbimby

Saturday and Sunday 10am - 4pm

Cost: \$440

\*Early Bird  
Price

**\$390**

(paid by 1 November)

**SAVE \$50**

## Information and Bookings:

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Payments by direct deposit to Studio Services, Commonwealth Bank, acc 10179413, bsb 062578, paypal and credit card payments possible, email Ghata: [ghataspirit@gmail.com](mailto:ghataspirit@gmail.com)



Ghata I Engels is an internationally renowned and respected energy worker and facilitator. Since 1992, Ghata has worked globally in teaching and leading personal development trainings and is the founder and director of SOL Spirit of Light Training and Practitioner Training. Her students see her as an incredibly intuitive and supportive teacher who is truly authentic in her care and commitment to leading by example. Her level of openness and authenticity is unique which attracts men and women from all walks of life.

SOL SPIRIT OF LIGHT  
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The **freedom** to be who you truly are  
and to **create the life you want**.