



# SOL Sacred Women Circles

A series of 5 sacred women circles

*Being in a circle of women is  
about being real.*

In our patriarchal system many of us have learned to hide and deny our truth and our deepest desires, wants and dreams in order to fulfill the many demands we face in everyday life. We have learned to play small, to be silent and to fear our feminine power

These circles are an invitation to explore some of the issues many women face, like the lack of self-esteem, boundaries, shame around sexuality, fear of being too much, addictions, body image and so on. I believe that it is important for women of all ages to sit together in circle, to hear, to speak and to be inspired by each other. We will explore a different theme each week, share about our own experience with the issue and inspire each other.

I hope that these circles will allow us all to draw nourishment, gain clarity, share wisdom and have genuine connection.

We need each other to turn our collective wisdom into individual knowing.

**Total price for all 5 circles is \$150.**

*There are no refunds if you can't make a session and you can only book the full series.*

Dates: 12 July, 16 August, 13 September, 18 October, \*22 November  
(\*Venue may be subject to change)

The number is limited to 12 women. Booking essential.  
No pre-requisites.

Starts  
**Monday 12 July**

5.00pm to 8.00pm  
Jo's Temple, 418 Leftbank Rd

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**Ghata I Engels** is the founder, director and facilitator of SOL Spirit of Light Training. She is an internationally renowned and respected energy worker, Somatic Experiencing Practitioner SE® and facilitator. Since 1992, Ghata has worked globally in teaching and leading personal development trainings. Her students see her as an incredibly intuitive and supportive teacher who is truly authentic in her care and commitment to leading by example. Her level of openness and authenticity is unique which attracts men and women from all walks of life.

**FOR BOOKINGS & DETAILS**

Ghata Engels on 0403 399 904 or email [spiritoflighttraining@gmail.com](mailto:spiritoflighttraining@gmail.com)