

Shadow Work Befriending Your Shadow Energy Work

MODULE 6

**Thursday 31 March to
Sunday 3 April 2022**
(4 DAYS)

9.00am to 5.00pm
Jo's Temple, 418 Leftbank Rd
MULLUMBIMBY

The Spirit of Light Training is designed to help students grow in consciousness and free their own potential for healing and love. You will learn different techniques to help become an open channel for energy-healing and psychic work. In this module we touch on the basics of nervous system regulation to build capacity and create coherence. We also touch on the general way of using light to support healing.

Join us for these 4 days as Ghata shows you how to work with blockages and shadows by befriending them to shift them into supportive aspects. You will learn in a safe, loving and gentle environment to:

- Understand the power of working with our shadows, rather than suppressing them or trying to get rid of them.
- Learn how to understand parts of our blockages and work with them.
- Practice tools to make our shadows into allies.

During this module you will be learning different tools and have plenty of time to practice this energy work hands-on with guidance from Ghata. This module is delivered face-to-face.

COST: \$990 / Early Bird \$890* Reviewers \$695 / Early Bird \$595* (includes 4 x organic vegan lunches)

**Pay a non-refundable \$200 deposit before (7 February) to receive the Early Bird Price*

COME JOIN US, PLACES ARE LIMITED AND BOOKINGS ESSENTIAL!

INFORMATION & BOOKINGS

Ghata Engels on 0403 399 904

email spiritoflighttraining@gmail.com

SPECIAL OFFER

Book 2 modules receive **\$100 off**

Book 3 modules receive **\$200 off**

To find out more about SOL Spirit of Light Training and to see the other modules available, visit solspiritoflight.com



Ghata I Engels is the founder, director and facilitator of SOL Spirit of Light Training. She is an internationally renowned and respected energy worker, Somatic Experiencing Practitioner SE® and facilitator. Since 1992, Ghata has worked globally in teaching and leading personal development trainings. Her students see her as an incredibly intuitive and supportive teacher who is truly authentic in her care and commitment to leading by example. Her level of openness and authenticity is unique which attracts men and women from all walks of life.

